Learning In Retirement Of Waukesha County Inc. Includes All Surrounding Communities & Counties 2023 FALL Course Catalog



Look inside for:

Membership Information Registration Forms Special Events Course Descriptions Special Interest Groups LIRWC Contact Information

Register EARLY for the best chance to get into your selected courses!





WCTC-LIRWC 327 E Broadway Rm WK101G Waukesha WI 53186



22000

Expand Your Learning Horizons!

Learning in Retirement of Waukesha County Inc. (LIRWC) provides intellectual, cultural, educational and social opportunities to foster life-long learning for adults. Courses include a wide range of topics designed to appeal to adults. We are hosted by Waukesha County Technical College (WCTC) and individuals are welcome from all surrounding communities & counties!

LIRWC BOARD MEMBERS 2023—2024

Pam Erdmann President 262-309-3162	<i>Open</i> Vice-President
Open Secretary	Robert Riedel Treasurer 262-366-9293
Dave Arnott Curriculum Chair 262-442-1779	Nancy Langlas Special Events Chair 262-271-5801
Lynda Horn Delegate-at-Large 262-290-1071 Email: contact@lirwc.org	Winnie Mading Delegate-at-Large 262-227-5976 Email: contact@lirwc.org
LIRWC Office 262-695-3473 lir@wctc.edu	<i>Open</i> Membership Chair
On-line Registration www.lirwc.org	Timothy Holloway WCTC Staff Liaison 262-695-6511

Welcome to Learning in Retirement of Waukesha County Inc. (LIRWC) Includes all surrounding communities & counties



No Grades. No Tests. Just the joy of learning and meeting new friends.

LIRWC is a volunteer-led, member-directed organization that offers a variety of courses, special events and special interest groups (SIGs) averaging over 100 programs per year. Programs are geared to adult learners who have a variety of interests and backgrounds. Our highly experienced volunteer instructors are ready to share their knowledge and expertise with you.

Join your fellow active, life-long learners and sign up for your favorite courses offered this fall session. Register on-line at www.lirwc.org, or return forms by mail to the office. Forms can be downloaded.

BECOME A MEMBER OF LIRWC

LIRWC membership is open to any adult—regardless of race, creed, sexual orientation, or disabilities, who has a schedule that fits with attending weekday, daytime classes and activities.

LIRWC is offering a half-year membership fee of \$30.00 for the academic semester of September 01, 2023, through December 31, 2023. You may join at any time during this period. A paid membership and signed All–inclusive Risk Release form are required to participate in classes, Special Interest Groups (SIGs), trips and other LIRWC events. Membership dues are non-refundable even if you cannot participate after joining.

BENEFITS OF MEMBERSHIP

- Courses taught by volunteer LIRWC members and other community experts in their fields who explore a variety of subjects.
- Special Event trips or tours to local and regional areas offering recreation, entertainment, social, and educational experiences (See page 8).
- Ten (10) Special Interest Groups (SIGs) where you can meet with like-minded individuals in areas of interest to you (See pages 46-47 or a complete listing of all your options).
- Ability to expand your experiences by offering suggestions for curriculum, serving on a committee, or even teaching a class on a topic you are especially interested in sharing.
- Receive the quarterly BYTES Bulletin.
- Socialize at a level comfortable for you; but no one goes away without making at least one new friend who shares the same love of learning.

HOW TO JOIN

- Complete the Membership/Registration form and the All-inclusive Risk Release form available for download at www.lirwc.org under the Resources Section; or by contacting the office for a manual copy.
- Registration on-line is automatically sent to the office.
- Email, mail or walk-in manually completed forms to the LIRWC office with your check made out to LIRWC Inc. (327 E Broadway Rm WK101G, Waukesha, WI 53186). Or pay via PayPal through your personal account by posting payment to lir@wctc.edu.

GENERAL COURSE INFORMATION

- Course listings start on page 13.
- Register early as registrations are first come, first enrolled based upon receipt of your completed Membership/Registration and All-inclusive Risk Release forms.
- Online Confirmations are sent automatically when registering online. For manually submitted forms, confirmation letters are sent approximately two weeks prior to the start of class.
- Courses are held during the weekdays and each course generally meets once per week. Courses range up to six weeks in length for 1-1/2 to 2 hours each day. There are also one-day session courses.
- All course fees are \$10.00, \$15.00 or \$20.00 each as noted in the course description. In some courses, additional material fees are collected by the instructor and are noted in the course description.
- Arrive for class on time to avoid class distractions.
 Per Safety Policy, classroom doors must be locked at the start of the class.
- Complete the Evaluation Form which allows member input about the course and the instructor which help ensure LIRWC continues to offer courses of interest to our members.

If you register for a class and need to drop out before it begins, notify the LIRWC office at 262-695-3473.

IMPORTANT LIRWC POLICIES

All-inclusive Risk Release Form

All members must annually sign an LIRWC All-inclusive Risk Release form to participate in any LIRWC event. This form covers all LIRWC events on and off campus and protects the member as well as LIRWC. You only need to submit once per the Sept. 1 thru Dec. 31 period.

Refund Policy

Membership dues are non-refundable even if you are unable to participate after joining. We appreciate our members willingness to support LIRWC through their annual dues payment regardless of their level of participation. It helps to maintain LIRWC as a viable organization.

Course fees: There are no refunds for courses you are unable to attend. If the cancellation is prior to the start of the course, the member may apply their fee to another course.

If a course is full or cancelled by LIRWC, members will be given the option of:

- · Selecting another course
- Receiving a refund
- Donating the course fee (see page 45)

Notice Regarding School Closings

In the event of conditions affecting the regular opening of WCTC, several local radio SCHOOLS CLOSED and television stations will give updated notices of any closing or cancellation. Additionally, you may visit the WCTC home-page at www.wctc.edu for closing information. If WCTC closes, all LIRWC events are also cancelled.

LIRWC Code of Conduct

When personal opinions are presented by instructors or by members, common courtesy is requested in expressing those opinions. Your opinions do matter and often make the course more interesting. In some instances, it may be preferable to talk with the instructor after class if you have many questions, or more extensive comments. Disorderly conduct and/or harassment will be investigated and action taken. In all situations, LIRWC will follow the code of conduct for students and instructors as presented in the WCTC Code of Conduct document that can be found on the WCTC website: www.wctc.edu.

Solicitation

Courses are for the education of our members and are not for any commercial purpose. LIRWC does not allow or endorse any third party's commercial promotion of products, services, ideas, causes or websites for personal gain. Members are not to be solicited before, during or after any LIRWC sponsored activity/course. Members have the right to directly request information from a vendor or presenter. LIRWC assumes no liability for anything associated with or arising from a presentation, or prior approved book sale.

Visitor Policy

An LIRWC member may bring a visitor to only one class with the instructor's permission. No visitor can attend a one session class and no children under the age of 12 may visit a class. The visitor must sign a Guest Risk Release form available at the WCTC Waukesha campus security office.

Gambling

Gambling in any form is <u>strictly prohibited</u> per LIRWC, WCTC and Wisconsin State Gambling Laws.

GIFT CERTIFICATES AVAILABLE

Ever wonder what to tell your family to get you as a gift for a special occasion? LIRWC offers Gift Certificates for its members! See pages 52-53 for a complete description and information on how you can benefit from this program!

SPECIAL INTEREST GROUPS (SIGs)

If you are interested in joining a SIG, you will sign up on the Event Tab found online, or on a manual Membership/
Registration form. SIG membership is renewed once each year for no additional fee. Your confirmation letter will list contact information for the SIG Coordinator who will notify you with information about the group's activities. For more information and a complete listing of SIGs see pages 46-47.

SPECIAL EVENTS (SE) INFORMATION

Members are invited to participate in Special Event (SE) trips or tours to local or regional areas offering recreation, entertainment and educational experiences. It is also a great way to socialize with your fellow members.

- If you want to receive information regarding individual SE trips, check the appropriate box on online or the Membership/Registration form, or call the LIRWC office at 262-695-3473.
- Flyers and registration forms for scheduled events are now available online, or will be sent via email for printing out and returning with your check (made out to LIRWC Inc.) to the LIRWC office. Or, you can pay via PayPal through your personal account by posting payment to lir@wctc.edu. (No cash payments can be accepted.)
- If you do not have email then the flyers will be sent via mail.
- Watch for upcoming calendar of events in the BYTES Bulletin and the webpage at www.lirwc.org.

AMERICANS WITH DISABILITY ACT (ADA)

- Handicap parking is available at all locations.
- All classroom locations are handicap accessible.
- Special equipment is available for our deaf and hard of hearing members attending classes or events at the Waukesha campus. Notify the office.

REVIEW CHECKLIST:

Half-year membership is \$30.00. Course fees are
\$10.00, \$15.00 or 20.00 each.
Individuals must complete separate Membership/
Registration forms and submit check payment, or
pay via your personal PayPal account posted to
lir@wctc.edu.
All members are required to once annually sign
and submit an All-inclusive Risk Release form be-
ginning with the fall semester.
Membership and course fees are not refundable,
except fees for courses cancelled by LIRWC.
You must have a current membership in LIRWC to
participate in classes, Special Interest Groups
(SIGs), or to attend any Special Event.
Confirmation letters will be sent approximately two
weeks prior to the start of classes. Registrations
online receive immediate confirmation.
Visitors are allowed to participate with restrictions.
All LIRWC classes and events are cancelled when-
ever WCTC issues a school closing notification.
LIRWC and WCTC follow ADA guidelines.
LIRWC follows the WCTC Code of Conduct.
Gambling in any form is strictly prohibited.
Gift Certificates are available!

WHERE TO FIND THE LIRWC WEBPAGE FOR ON-LINE REGISTRATION:

LIRWC has a NEW webpage for on-line registration. Go to:

- www.lirwc.org
- If a current member, log in.
- . NEW? Click on BECOME A MEMBER.

You will be able to view, register and sign up for all courses, and find frequent updates regarding special events, upcoming meetings, announcements, and other related news.

Welcome to

Learning in Retirement of Waukesha County Inc.

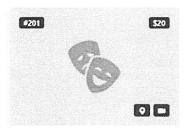
LIRMC provides interlectual, outural industrational and rocial apportunities to roster little-long learning for adults. Courses include is wide range of topics designed to expect to adults, Individuals the welcome from all commenciates.



About LIRWC



Upcoming Courses

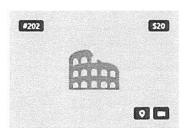


The Arts

Here's to the Ladies: Wo...

- Patricia Backhaus Ph.D.
- October 3, 2022
- **☑** October 10, 2022
- WCTC Waukesha Campus

View hybri →



History

Experiencing America: A...

- CF Sharon Kraklow
- October 24, 2022
- November 28, 2022
- O First Congregational United Chur...

View histor →

HOW TO REGISTER ON-LINE (also see page 43)

- Go to the LIRWC webpage www.lirwc.org.
- (If already a member you can log-in and go directly to the Courses Tab on the Home page.) New members click on Become A Member for \$30.00. Enter your name and a password and all your contact information. Click on the box accepting the Risk Release terms.

Don't forget to check the following areas on your contact page:

- √ If you want to attend Special Interest Groups.
- √ If you want to receive Special Event trip information.
- Course fees are \$10.00, \$15.00 or 20.00 each. Follow the
 easy step-by-step instructions and search by Category, Format (in person or hybrid), Location, Staff
 (Instructor), Course# or Course Name (A-Z or Z-A) and
 apply your filters. Select courses and add to your cart;
 make payment.
- If a course is full you have the option to be added to a
 wait list, or you can select another option. NOTE: the total
 number in a class does not include off-line, manual registrations. Call the office for current class totals if interested.
- You will receive payment and course registration confirmations via email.
- Submit your payment:
 - 1. Pay through your personal PayPal account post payment to lir@wctc.edu.
 - To pay via check, click on Pay Via Invoice or print and return the Membership/Registration and Risk Release Forms with a check made out to LIRWC Inc.:

WCTC-LIRWC 327 E Broadway Rm WK101G Waukesha WI 53186

3. or, bring a check to the office (same address).

QUESTIONS? OR NEED HELP? CALL the OFFICE at 262-695-3473.

LIRWC COURSE LOCATIONS WCTC AND OFF-CAMPUS

Pewaukee Campus

Waukesha Campus

800 Main St Pewaukee WI 53072 262-691-5566 www.wctc.edu

327 E Broadway Waukesha WI 53186 262-695-6500 www.wctc.edu

Ellenbecker Investment Group, Inc., Education Center Church of Christ Hartland Pewaukee Location

First Congregational United

N21W23350 Ridgeview Pkwy Waukesha WI 53188 262-691-3200

www.ellenbecker.com/contact

111 Church St Hartland WI 53029 262-367-2961 www.ucchartland.com/map

Center for Life Enrichment At Shorehaven

First Congregational Church of Genesee UCC

1306 W Wisconsin Ave Oconomowoc WI 53066 262-567-8341 www.shorehavenliving.org W306S5075 Church St Mukwonago WI 53189 262-968-3849 www.geneseechurch.org

LIRWC Office Location

Office Hours

WCTC-LIRWC 327 E Broadway Rm WK101G Waukesha WI 53186

Monday thru Thursday 9:00 a.m.—2:00 p.m. Closed Friday

Phone: 262-695-3473 Email: lir@wctc.edu www.wctc.edu/lir

Online Registration: www.lirwc.org contact@lirwc.org



Classes this fall semester are being held in person in the classroom at various locations; and also as a hybrid in-person / Zoom combination. If the instructor is offering a class as hybrid combination, all

attendees receive the Zoom link whether attending in person or via Zoom.

Courses identified as DVD are classes based on professional presentations: The Great Courses, PBS, BBC and other sources. Class instructors intersperse the lectures with lively class discussion and supplemental material.

All instructors are reviewed by the LIRWC Curriculum Committee and come with the qualifications, experience and credentials to present the subject matter they have chosen for our members. Many have years of educational and/or industry careers and real world application. Other instructors have first-hand experience and a desire to share topics of interest to them that we believe our members will also enjoy.

See page 42 for Graphic Course Identifiers

MONDAY MORNING

#401 I'll Take "Save Money at the Library" for \$500 No Charge

Instructor: Emily Heller Monday: Sep. 18 Dates: Time: 9:30 -11:00 a.m.

In person at the Waukesha Public Library Place:

(321 Wisconsin Ave)

How much can you save each year by using the library? And what do libraries even have nowadays? We're glad you asked!

Your instructors are part of the Bridges Library System and will show you 10 ways you can save money when you use your local library with a fun game of "Library Jeopardy." You'll come away with a fresh perspective of what libraries offer and you might even get loaded down with some awesome giveaways! The presentation will be followed by a tour of the Waukesha Public Library.

#402 Switch On Your Brain DVD \$20.00

Instructor:

James Langreder

Date:

Mondays: Sep. 25; Oct. 02, 09, 16, 23, 30

Time:

9:30 -11:00 a m

Place:

In person only - First Congregational Church of

Genesee UCC

What would you do if you found a switch that could turn on your brain and enable you to be happier, healthier in your mind and body, more prosperous, and more intelligent? Based solidly on the latest neuroscientific research on the brain, as well as Dr Caroline Leaf's clinical experience and research.



you will learn how thoughts impact our mind and body. You will learn how to detox your thoughts using her practical, detailed and easy-touse 21-Day Brain Detox Plan. The application is for all walks of life. You won't be able to make changes to create quality, positive lifestyles—unless you first choose to get your mind right and switch on your brain. The ability to think and choose and use your mind correctly is often the hardest step - but it is the first and most powerful step.

#403 The Complete Guide to Smartphone Photography DVD

\$15.00

Instructor:

Sharon Kraklow

Date:

Mondays: Oct. 30; Nov. 06. 13. 20

Time:

9:30 -11:30 a.m.

Place:

In person & Zoom Hybrid - First Congregational Church

of Genesee UCC

This course explains the principles of photography in relationship to your phone. You'll learn some of the basic buttons and tools, but the course focuses primarily on the concepts behind better



photography. No matter what phone you happen to have, you'll be able to take better photographs if you understand these principles. This class is for both the novice and the more experienced individual.

#404 Putting Scammers Out of Business - One Informed Consumer at a Time \$10.00

Instructor: Date:

Bennet Merens

Time:

Monday: Nov. 27 9:30 -10:45 a.m.

Place:

In person only - Waukesha

Consumers lose more than \$40 billion a year to telemarketing fraud. Scam artists often target older people, knowing they tend to be trusting, polite toward strangers, are likely to be home, and are likely to have time to talk with callers. Consumer Protection Outreach Specialist Ben Merens will discuss the myriad of scams seniors face these days and how to avoid becoming a victim.

MONDAY AFTERNOON

#405 Clues to Identifying Biblical Figures in Cathedrals Around the World \$10.00

Instructor:

Dr. Lorrie Wenzel

Date:

Monday: Sep. 11 (Repeat of #413 at Ellenbecker)

Time:

1:30 -3:00 p.m.

Place:

In person only - Waukesha

Have you ever stood before a statue in a Cathedral and tried to guess the identity? Or wandered aimlessly through churches, overwhelmed by the imagery, but left frustrated? Dr Wenzel is a scripture professor and a



noted church historian with visits to more than 300 cathedrals and churches in nine European countries. This presentation will help you identify the Biblical Figures in Cathedrals around the world. A great tool for any traveler - or anyone interested in unlocking the artistic clues the great painters, sculptors and glassmakers provided to identify important biblical characters and early Christian saints. This presentation will guide you globally through any cathedral and enable recognition of saints and martyrs in works of art. Her selfauthored book will be available for \$25.00 at the conclusion of class. Accepting cash or card. You do not have to purchase the book to participate in this class. Repeat of class 413 at Shorehaven.

#406 Hot Topics

\$20.00

Instructor:

Joseph N Zgonc

Date:

Mondays: Sep. 18; Oct. 02; 16; 30; Nov. 13, 27

Meets alternate weeks

Time:

1:30 -3:00 p.m.

Place:

In person only - Waukesha

Class will discuss the issues-or hot topics of the day.

Attendees will have the ability to suggest topics each week. Everyone will be able to share his/her own view points, and have the right to present them in a respectful manner, and be receptive to others viewpoints also in a respectful manner. You can usually learn more from people who do not agree with you than from those that do, and this course is meant to broaden your exposure to other ideas, to listen and discuss in an open-minded manner. And to have FUN!

#407 American Policing: The Good, the Bad & the Ugly \$15.00

Instructor:

Michael Koll

Date:

Mondays: Sep. 18, 25; Oct. 02

Time:

1:30 -3:30 p.m.

Place

In person only - Waukesha

Police – better known as cops, are everywhere in our communities - they are in the news, on television and all over the internet. Most cops are professional and compassionate; they want to help and serve. Some cops are callous and corrupt. Your instructor served 34 years as a Federal Agent, including 10 years as a Secret Service Agent, and was also a Wisconsin police academy instructor for over 32 years. This class will be a far-reaching exploration and discussion of policing in America. Bring your thoughts, ideas and opinions to share during this class.

#408 American Mahjongg

\$15.00

Instructor:

Rene Bannier

Date:

Mondays: Oct. 09, 16, 23, 30

Time:

1:30 -3:30 p.m.

Place:

playing skills.

In person only - Waukesha

Learn the rules and strategies for playing American Mahjongg. Hands on instruction will help develop familiarity with the tiles and use of the Mahjongg card. Information will be given on obtaining a card and on internet websites that will help improve your

#409 Dyslexia: Fact vs. Fiction

\$10.00

Instructor:

Barbara Felix

Date:

Mondays: Oct. 16, 23

Time:

1:30 -3:00 p.m.

Place:

In person only - Waukesha

Dyslexia occurs commonly in the population yet is often misunderstood. Individuals who are challenged in learning to read, write, spell and process language need specialized instruction which is often not accessible to them. With your instructor, a certified Dyslexia Clinician, you will learn what dyslexia is, how it impacts learning and how it can be remediated. Learn also what common misconceptions exist about dyslexia and how it affects individuals in school, employment and life in general. When not addressed early in life this can become an ongoing problem into adulthood.

#410 Personality Across the Lifespan

\$10.00

Instructor:

Barbara Felix

Date:

Mondays: Nov. 06, 13

Time:

1:30 -3:00 p.m.

Place:

In person only - Waukesha

Each of us is born a unique individual, with innate personality characteristics that influence our speech, mannerisms, preferences and behavior. Does our personality change as we age? There are 16 basic personality types described by the Myers-Briggs Type Indicator (MBTI). Your instructor is a Master Certified Myers-Briggs Facilitator and will share with you more about the fascinating variations of personality types. Learn about the primary personality types, characteristics of your type and influences that may impact personality between birth and death.

#411 Where Were You In 1968?

\$10.00

Instructor: Date:

Barbara Felix

Time:

Monday: Nov. 20 1:30 -3:30 p.m.

Place:

In person only - Waukesha

ffm. The year1968 was tumultuous with historic achievements, shocking assassinations and violent protests erupting around the world. In the U.S., media struggled to capture the conflicting viewpoints and events of an increasingly divided populace. Time magazine called 1968 "The Year That Shaped a Generation." Where were you then? How did the events of 1968 shape who you are today? Recall the key events of that year and resulting shifts in our society.

#412 Pickleball For All Ages

\$10.00

Instructor:

Mark Thompson, Waukesha Parks,

Recreation & Forestry

Date:

Monday: Nov. 27

Time: Place: 1:30 -2:45 p.m.

In person only - Waukesha

Come learn about America's fastest growing sport with a funny name - Pickleball! Your instructor is the

Recreation Supervisor with Waukesha Parks, Recreation and Forestry. Come join us to learn more on how Pickleball can improve your hand-eye coordination and balance, raise your heartbeat and metabolism rate, promote good sportsmanship, and a great way to expand your social group!

#413 Clues to Identifying Biblical Figures in Cathedrals Around the World \$10.00

Instructor:

Dr. Lorrie Wenzel

Date:

Monday: Dec. 04 (Repeat of #405 Waukesha)

Time:

1:30 -3:00 p.m.

Place:

In person only - Ellenbecker Educational

Pewaukee Center

Have you ever stood before a statue in a Cathedral and tried to guess the identity? Or wandered aimlessly through churches, overwhelmed by the imagery, but left frustrated? Dr Wenzel is a scripture professor and a noted church



historian with visits to more than 300 cathedrals and churches in nine European countries. This presentation will help you identify the Biblical Figures in Cathedrals around the world. A great tool for any traveler - or anyone interested in unlocking the artistic clues the great painters, sculptors and glassmakers provided to identify important biblical characters and early Christian saints. This presentation will guide you globally through any cathedral and enable recognition of saints and martyrs in works of art. Her self-authored book will be available for \$25.00 at the conclusion of class. Accepting cash or card. You do not have to purchase a book to participate in this class. Repeat of course #405 at Waukesha.

#414 How to Drink a Beer: Making Differences Obvious

\$10.00

Instructor: Date: Michael Rehberg Monday: Dec. 11

Time:

1:30 -2:45 p.m.

Place:

In person only - Waukesha

Join us for this informative and light-hearted workshop with Michael Rehberg, Lead Interpreter for Lake Geneva's Black Point Estate and Gardens- operated by the Wisconsin Historical Society. Learn how beer is a mix of simplicity and complexity... simple enough that illiterate peasants have been making it for centuries with ingredients at hand, while its complexities still challenge modern brewing scientists and chemists. We'll go back to Mesopotamia and Egypt and discover how beer evolved in Europe and America. Our goal is to understand ingredients and methods of brewing so you can learn the spectrum of flavors and find a beer you will enjoy. We'll travel to some of television's favorite taverns, and introduce some of the more popular craft brewers from Wisconsin and throughout the country.

TUESDAY MORNING

#415 Polish Star Ornament Making

\$10.00

Instructor: Date: Doreen Giesfeldt Tuesday: Sep. 12

Time:

9:30 - 12 noon

Place:

In person only - Waukesha



Using recycled wrapping paper, you will create a 92-point Polish Star Ornament. With just a pencil, nickel, glue, template, string and prepared paper circles, you will create a gift worth giving. These are great hostess gifts, place favors and stunning tree decorations that will last for years. The first star takes approximately two hours, but once you learn the technique you can complete one in about an hour. As a past president of the Friends West Allis Library and a long -time LIRWC member, your instructor has taught this class to many who still make these ornaments for holiday presentations to family and friends. A kit with all the items mentioned above is \$3.00, payable to the instructor the day of class.

#416 Caring for Relationships Made Easier

\$10.00

Instructor:

Ron Kral

Date:

Tuesday: Sep. 12 (Repeat of #419 Genesee)

Time:

9:30 - 11:30 a.m.

Place:

In person only - Waukesha

Your instructor comes with a Masters Degree in Educational Psychology from UWM, 16 years as a school psychologist, completion of the Clinical



school psychologist, completion of the Clinical Training Program at the Brief Family Therapy Center in Milwaukee, as well as certification at the "7 Principles Leader Training" from Gottman Institute. He has conducted workshops, provided therapy and written articles on a variety of issues pertaining to family therapy, parenting and interpersonal relationships. This class will provide a common sense way of viewing relationships, along with a practical approach for nurturing and maintaining them at home, work and in the community. Based on the research and clinical work from the Gottman Institute, you will be provided with a way to see and respond to others in positive ways, along with a method for repairing damaged connections. Come prepared to learn and have some FUN! Repeat of course #419 at Genesee.

#417 China: Everything You Ever Wanted to Know DVD \$20.00

Instructor: N

Michael Whiteley

Date:

Tuesdays: Sep. 12, 19, 26; Oct. 03, 10, 17

Time:

9:30 - 11:30 a.m.

Place:

In person only - First Congregational

Church of Genesee UCC

China – everything you ever wanted to know about China is brought to life by your instructor who has extensive knowledge, educational and real-world experience with the country including travels to China



more than 50 times over the last 25 years. Learn about Chinese culture, travel, history, food, language, politics and economics. Understand what it is like to work and live in China; get to know key cities and tourist attractions; learn how Chinese people work, think and live their daily lives; share in photos and artifacts. You will better understand how China and US relations will impact the future while mastering the "do's and don'ts" of Chinese culture.

#418 Leonardo da Vinci: The Later Years, Part 2 of 2 DVD

\$20.00

Instructor: Date: Mary Zarse

Tuesdays: Oct. 03, 10, 17, 24, 31; Nov. 07

Time:

9:30 - 11:30 a.m.

Place:

In person only - Waukesha

Professor George Bent continues the story of Leonardo da Vinci's life and works. The beginning lecture explains the threats to the Italian



Renaissance in the 1440s and the fall of Milan to the French. During this time Leonardo traveled to other Italian city-states to pursue his art, and startling discoveries in his study of nature, anatomy and engineering. Professor Bent stresses how Leonardo serves as a role model applying the scientific method to every aspect of life. A full discussion is given on Leonardo's portraits including his two masterpieces: The Last Supper and Mona Lisa, which made Leonardo the most universal painter of all time. You did not have to attend Part 1 to enjoy this famous Renaissance Man in Part 2.

#419 Caring for Relationships Made Easier

\$10.00

Instructor:

Ron Kral

Date:

Tuesday: Oct. 31 (Repeat of #416 at Waukesha)

Time:

9:30 - 11:30 a.m.

Place:

In person only - First Congregational Church of

Genesee UCC

Your instructor comes with a Masters Degree in Educational Psychology from UWM, 16 years as a school psychologist, completion of the Clinical



Training Program at the Brief Family Therapy Center in Milwaukee, as well as certification at the "7 Principles Leader Training" from Gottman Institute. He has conducted workshops, provided therapy and written articles on a variety of issues pertaining to family therapy, parenting and interpersonal relationships. This class will provide a common sense way of viewing relationships, along with a practical approach for nurturing and maintaining them at home, work and in the community. Based on the research and clinical work from the Gottman Institute, you will be provided with a way to see and respond to others in positive ways, along with a method for repairing damaged connections. Come prepared to learn and have some FUN! Repeat of #416 at Waukesha.

#420 The Other Side of History: Daily Life in the Ancient World, Part 1 of 4 DVD \$20.00

Instructor: Sharon Kraklow

Date:

Tuesdays: Oct. 31; Nov. 07, 14, 21, 28; Dec. 05

Time:

9:30 - 11:30 a.m.

Place:

In person & Zoom Hybrid -

First Congregational United Church of Christ,

Hartland

Over the course of 48 richly detailed lectures, Professor Garland covers the breadth and depth of human history - from the perspective of the so-called ordinary people and from its earliest beginnings through the Middle Ages. This is your chance to get beyond the abstract dates and figures, kings and queens and battles and wars that make up so many historical accounts. Part 2 & 3 in spring 2024, Part 4 in the fall 2024.

TUESDAY AFTERNOON

#421 Navigating Medicare to Avoid Costly Mistakes \$10.00

Instructor:

Mary Beth Heiter

Date:

Tuesday: Sep. 19 1:30 – 3:30 p.m.

Time:

1:30 – 3:30 p.m.

Place:

In person only – Waukesha

This course is for anyone becoming eligible for Medicare, already on Medicare or for caregivers for a senior already on Medicare. A brief history of Medicare, a roadmap to understanding all the Medicare Plan options, prescription coverage GAP ("Donut Hole") explanation and frequent costly mistakes to

avoid will all be discussed. Q & A to follow.

#422 Reconstruction – America After the Civil War DVD

\$20.00

Instructor: Date:

Judy Pelt & Dr. Grace Davis-Harris Tuesdays: Sep. 26; Oct. 3, 10, 17

Time:

1:30 - 3:30 p.m.

Place: In person only - Waukesha

Renowned scholar Henry Louis Gates, Jr. pre-Alma Man sents this vital four-part PBS documentary following the Civil War. Our nation struggled to rebuild itself during profound, revolutionary changes. We see the real story of Reconstruction - one of America's most overlooked, misunderstood and misrepresented periods of history. It honors the struggle of the African Americans who fought their way out of slavery and challenged the nation to live up to the founding ideals of democracy, freedom and equality. Your instructor will be joined by Dr. Grace Davis Harris to facilitate one or two sessions. Dr. Harris is a retired educator with 30 plus years' experience as an administrator, cultural diversity teacher and corporate trainer.

#423 Experiencing Hubble DVD

\$20.00

Instructor:

Geetha Srinivasan

Date:

Tuesdays: Oct. 17, 24, 31; Nov. 07

Time:

1:30 - 3:30 p.m.

Place:

In person only - First Congregational

United Church of Christ, Hartland

A few hundred miles above Earth, there is a remarkable telescope with a crystal-clear view across the universe. For two decades, the Hubble Space Telescope has been amassing discoveries



that rival those of history's greatest scientists and explorers, making it the most important and productive scientific instrument ever built. Although it never ventures beyond low-Earth orbit, Hubble's location high above the blurring effects of the atmosphere gives it an unrivaled vantage point for investigating phenomena throughout the cosmos.

#424 12 Women Who Shaped America: 1619-1920, Pt 1 of 2 DVD

\$15.00

Instructor:

Judy Pelt

Date:

Tuesdays: Oct. 24, 31; Nov. 07

Time:

1:30 - 3:30 p.m.

Place:

In person only - Waukesha



Your instructor has done considerable research on Women's History and will share and bring to light some of the notable women who influenced the Women's Movement of today. This course focuses on 12 influential women who defined the history of the United States. It covers the period from the nation's founding through 1920, when the 19th amendment altered women's relationships with politics. You will learn about: Martha Washington, Phillis Wheatley, Sacagawea, Sojourner Truth, Catherine Beecher as they shaped the development of the United States. Part Two will cover Susan B. Anthony, Victoria Woodhall, Harriet Tubman, Francis Johnson, Alice Paul and more. Part 2 of 2 see course #453.

Play Ball! The Rise of Baseball as America's Pastime, Part 2 of 2 DVD

\$20.00

Dick Hoffmann Instructor:

Date:

Tuesdays: Oct. 31; Nov. 07, 14, 21, 28; Dec. 05

Time:

1:30 - 3:30 p.m.

Place:

In person only - Waukesha

Your instructor worked several summers in the

front office with the Milwaukee Braves, and then as a financial executive with the Milwaukee Brewers for 22 years. Presented by the National Baseball Hall of Fame and Museum and several historians, this course will bring a unique perspective to guide you through decades of experimentation, change, controversy and triumph in what has become America's favorite pastime. Continue the journey in Part 2 where you will learn the origins of everything from catcher's masks to batting averages with the help of remarkable artifacts, images and rare footage. This course began in the decades before the Civil War and takes you up to the pivotal year 1920, where a sense of uniformity in the game was finally achieved and laid the groundwork for today's modern game. Knowing the history will add levels of enjoyment, respect and appreciation to any game you now watch. You did not have to attend Part 1 to enjoy Part 2. Knowing the history will add levels of enjoyment, respect and appreciation to any game you now watch. You did not have to attend Part 1 to enjoy Part 2.

#426 A Retirees Guide to Investing with Purpose

\$10.00

Instructor: Date: Michael Jungen, CFP Tuesdays: Nov. 07, 14

Time:

1:30 - 3:30 p.m.

Place:

In person only - Waukesha

As a Principal at Jungen & Co. – Financial Advisors, your instructor takes a holistic approach to examining issues crucial to maintaining financial independence and personal control in retirement. Topics include: how to prioritize objectives & organize your financials; asset allocation strategies to not outlive your assets; income tax issues & everchanging tax law; market & economic dynamics & investing for growth & income in a higher interest rate & slower growth environment; IRA planning & distribution opportunities; how to preserve your legacy; planning ahead for risk of declining health and maintain personal & financial independence.

#427 My Favorite TED Talks on the Amazing Plasticity of the Brain \$10.00

Instructor:

Judy Pelt

Date: Tuesday: Nov. 14 (Repeat of #456)

Time:

1:30 - 3:30 p.m.

Place:

In person only - Waukesha

TED Talks are based on the concept of spreading ideas through short, powerful talks designed for audience interaction. We will view two selected TED Talks on contemporary topics: "Brain Plasticity" and "Brain Recovery" which can be more powerful than you think! After viewing, you will discuss views on the topic presented along with a series of questions reflected in the presentations. Your instructor has past experience in speech and interpersonal communications, and will bring an awareness that will amaze you during this presentation! This is a Repeat of Course #456.

#428 Get Ready, Get Set, Present!

\$10.00

Instructor:

Judy Pelt & Lynda Horn Tuesdays: Nov. 21, 28

Date:

1:30 - 3:30 p.m.

Place:

In person only - Waukesha

Have you thought about teaching an LIRWC class, or a presentation at a meeting or event, but didn't know where to begin? Are you "freaked out" about using technology? Come join us for a two-week program on how to select a topic, plan and organize your material, and practice giving a short presentation. Upon completion of this class, you will feel "ready to get set and present!"

WEDNESDAY MORNING

#429 Essential Oils for Wellness – Your Natural Wellness Cupboard

\$10.00

Instructor:

Barbara Lemke, RN, CCAP

Date:

Wednesday: Sep. 13

Time:

9:30 - 11:30 a.m.

Place:

In person only - Shorehaven Center for Life

Enrichment, Oconomowoc

Learn how to use essential oils for a variety of health concerns. You will experience first hand what Essentia Oils smell like and how your body reacts to applying essential oils topical and aromatically.

#430 The Story of Freedom in America, Part 1 of 2 DVD

\$20.00

Instructor:

Sharon Kraklow

Date:

Wednesdays: Nov. 01, 08, 15, 22; 29; Dec. 06

Time:

9:30 - 11:30 a.m.

Place:

In person & Zoom Hybrid -

First Congregational United Church of Christ.

Hartland

The United States has the oldest constitution in the world. With the exception of the Civil War, our political order has persisted for over 225 years. What has made America so exceptional in its longevity? Dr.



Rufus Fears argues that our Founders uniquely relied on historical thought, using the knowledge of the past to make decisions in the present and plan for the future. Their knowledge of the lessons of history equipped them to create an enduring political order. Prof. Fears, with his inimitable style and his true wisdom, explores the American experience of freedom from the Revolutionary War to the present day. He tells the stories of struggle, sacrifice, and heroism that created the unique model of American freedom. Part 2 will be in the spring 2024.

#431 Essential Oils of the Bible

\$10.00

Instructor:

Barbara Lemke, RN, CCAP

Date:

Wednesday: Nov. 08

Time:

9:30 - 10:30 a.m.

Place:

In person only - Shorehaven Center for Life

Enrichment, Oconomowoc

Experience Essential Oils first hand, learn what oils were used in biblical times, and now in our times, to help maintain our health and wellness. Revelations 22:2: "And the leaves of the trees are for the healing of the nations."



#432 Espionage: A Weapon of the Cold War

\$15.00

Instructor: Christopher Sturdevant

Date:

Wednesdays: Sep. 27; Oct. 04, 11

Time:

9:30 - 11:00 a.m.

Place:

In person only - Waukesha

Discover how espionage played a central role during the Cold War era. Topics will include figures such as Robert Hanssen, Aldrich Ames, U2 pilot Francis



Gary Powers, Werner Juretzko and others. Your instructor was the Midwest Chapter Chair of the Cold War Museum and is an accomplished published self-authored of books on the Cold War having extensively traveled internationally. He previously taught classes on the Cold War, the Nike Missile System in Wisconsin and Milwaukee area magnate Patrick Cudahy's ties to the Russian Civil War. He will bring a unique perspective to this course. His self-authored book will be for sale at the end of class for \$20.00. Accepting cash or Venmo or PayPal. You do not have to buy the book to participate in this class.

#433 Museum Masterpieces: The Louvre DVD \$20.00

Instructor: Diane Moderson

Date:

Wednesdays: Oct. 18, 25; Nov. 01, 08, 15, 22

Time:

9:30 - 11:30 a.m.

Place:

In person only - Waukesha

The name "Louvre" is instantly recognizable as the most famous art museum in the world. The focus in this course will be on the Department of Paintings. The Louvre has a broad collection of art not only from France, but printings from the Italian Renaissance, Spanish, Flemish, Dutch, and Early German art. So, if you have future plans to visit the Louvre - or are just a lover of the arts, this course will be perfect for you.

WEDNESDAY AFTERNOON

#434 Observing Wisconsin's Atmosphere

\$10.00

mstruct

Instructor: Clark Evans

Date:

Wednesday: Sep. 13

Time:

1:30 - 2:45 p.m.

Place:

In person only - Waukesha

ATC.

Have you ever wondered how the weather is observed? This course will introduce you to the most-common instruments, such as surface weather stations, weather balloons, radar, and satellite that are used to monitor weather conditions across Wisconsin and the world. You'll also get the chance to be a part of a live weather balloon launch to close out the course! Your instructor is a professor of Atmospheric Sciences at UW-Milwaukee and has published over 20 research papers, including ones on tropical storms and hurricanes.

#435 Walking Waukesha History

\$10.00

Instructor:

Robert Lawrence

Date:

Wednesday: Sep. 20

Time:

1:30 -4:00 p.m.

Place:

In person only - Meet outside west entrance to

the Rotary Building 1150 Baxter St,

Waukesha

ffm.

This walking tour of Waukesha enables you to learn the storied history of this community by visiting many of the historic sites in the city. Your tour guide is a local history buff and will add interesting facts and background to the experience. At the same time, this class provides you with heart-healthy exercise! The walk will cover approximately 3 miles and will take about 2-1/2 hours. A rain-out will be rescheduled.

#436 Racism in America Past and Present

\$20,00

Instructor:

Winnie Mading

Date:

Wednesdays: Sep. 27; Oct. 04, 11,18, 25; Nov. 01

Time:

1:30 - 3:30 p.m.

Place:

In person only - Waukesha



Racism continues to be in the news. Have we really made any progress in addressing this most challenging issue? What is the history of race relations in world and U.S. history? What is the experience of people of color in America today? Are there solutions? What role do those of us who are considered white have in the problem and in solutions? We will discuss these and other questions using resources including U Tube videos, TED Talks and other on-line resources as well as stories and recordings of individual experiences.

#437 The Beauty of Mathematics

\$10.00

Instructor:

James Vyvyan

Date:

Wednesday: Oct. 18

Time:

1:30 - 3:00 p.m.

Place:

In person only - Waukesha



With a BS and MS in education and 47 years teaching at the high school and college level, your instructor will bring his love of mathematics to this course and show how even the most complicated appearing areas of math can be understood - even by the layman. He will cover highlights of infinity, probability, Pi and the Golden Rectangle. Understand how to drill a square hole; levels of infinity; calculating probability in poker; how to calculate Pi, and learn uses of the Golden Rectangle. No special knowledge of mathematics is required to find this course enjoyable!

#438 Understanding Genetics: DNA, Genes &

Real-World Applications DVD

\$20.00

Instructor: Geetha Srinivasan

Date:

Wednesdays: Oct. 18, 25; Nov. 01, 08, 15, 22

Time:

1:30 - 3:30 p.m.

Place:

In person only - First Congregational United

Church of Christ, Hartland

We use it routinely to cure diseases, solve crimes and reunite families. Yet we've known about it for only 60 years. What we're continuing to learn about it every day has the potential to transform our health, our nutrition, our society, and our future. What is this powerful mystery? It is DNA—deoxyribonucleic acid, the self-replicating material present in nearly all living organisms. Award-winning teacher, author and cancer researcher Dr. David Sadava unlocks its mysteries in his new course "Understanding Genetics: DNA, Genes and Their Real-World Applications." He guides us through decades of scientific discovery and the weighty implications for us—as individuals and as a society.

#439 Boost Your Brain & Memory

No Charge

Instructor: Linda Czernicki, ADRC Certified Instructor

Date:

Wednesdays: Oct. 25, Nov. 01, 08, 15, 22, 29;

Dec. 06, 13

Time:

1:30 - 3:00 p.m.

Place:

In person only - Waukesha

This course is a multi-faceted, whole-person program offering a unique approach to brain fitness. Instructor-led activities guide participants through a series of physical, emotional, intellectual, nutritional,



spiritual, and social activities that can lead to improved brain health. Participants learn practices that can help them live a healthier life, remember things better, be more organized, and pay closer attention. This is an Aging & Disability Resource Center of Waukesha County sponsored class (ADRC).

#440 Great Board Games of the Ancient World DVD

\$20.00

Instructor: Winnie Mading

Date:

Wednesdays: Nov. 15, 22, 29; Dec. 06, 13, 20

Time:

1:30 - 3:30 p.m.

Place:

In person only - Waukesha

You do not have to play or even understand board games to appreciate one of humanity's most ancient pastimes. Board games have been found dating back



pastimes. Board games have been found dating back as far as 5,000 BCE. As long as people have been living and congregating together, they have been playing games with one another. Many continue to be played today in some form. Even the children's game "Chutes and Ladders" has ancient origins as a morality lesson. Games satisfy our competitive nature and our need to be challenged, also allowing us to have fun and exchange ideas in a social environment. We tend to look at great works of art or marvels of engineering to understand ancient civilizations, but often a simple board game can reveal just as much about who we once were—and who we are today.

THURSDAY MORNING

#441 Old Testament Foundations, Part 1 of 2

\$20.00

Instructor: Rev.

Rev. Dr. David Schnepf

Date:

Thursdays: Sep. 14, 21, 28; Oct. 05, 12, 19

Time:

9:30 - 11:30 a.m.

Place:

In person – First Congregational United

Church of Christ, Hartland

As an ordained minister with over 38 years of experience, a Master of Divinity, a Doctor of Ministry, and extensive class instruction in New Testament Foundations and Pible Study your instructor has year again.



dations and Bible Study, your instructor has vast experience and knowledge to bring to this course. The course focuses on the texts of the Old Testament and the historical, literary and theological threads which are interwoven throughout the texts. In Part 1, you will explore the formation of the Hebrew people, their enslavement, liberation, covenant in the wilderness, the period of the Judges, the reign of Kings, and the Patriarchs. *Part 2 will be in the spring 2024*.

#442 Tarot One

\$15.00

Instructor: Faye Bonini

Date: Thursdays: Sep. 14, 21, 28

Time: 9:30 – 11:30 a.m.

Place: In person only - Waukesha

Learn to read your cards! Tarot cards have been used for centuries as a tool for introspection, inspiration and decision making. We will explore the meanings of all 78 cards and learn to use them to connect with your own inner wisdom and create your best future. Join us for Tarot fun! If you have a deck, bring it to class. "Rider" deck recommended, Amazon only \$20. See Course #444 for Part Two.

#443 Wagon Train Women – The Diaries & Letters of Women on the Overland Trails \$15.00

Instructor: Rod Podszus

Date: Thursdays: Sep. 14, 21, 28; Oct. 05

Time: 9:30 – 11:30 a.m. (Repeat of #446 Shorehaven)

Place: In person only - Waukesha

In the 1800's, hundreds of thousands of Americans headed west on the Overland Trails. Most of these folks were families and it was the women who held these families together. What was this journey like for them? What was a typical day like on the trail? What did they eat, what did they wear, what was hard, easy, what did they fear? How many were pregnant, widowed? We find these answers in the diaries and letters the women crafted which your instructor will share with you. He has done his own extensive travels and is a prolific researcher of all things to do with the Overland Trails.

#444 Tarot Two

\$10.00

Instructor: Faye Bonini

Date: Thursdays: Oct. 19, 26

Time: 9:30 – 11:30 a.m.

Place: In person only - Waukesha

Continue your Tarot journey! We will review Tarot basics and play with a variety of decks and spreads. We will explore card connections and how to tell a Tarot story in a reading. Tips, ideas and practice to help you read the cards for yourself or others. Join us for Tarot fun! Please bring a deck to class, Rider deck recommended. See course #442 for Part One.

#445 Walking Wisconsin's Home Ground DVD

\$10.00

Instructor: Robert Root

Date: Thursday: Nov. 02 Time: 9:30 – 11:30 a.m.

Place: In person only - Waukesha

Your instructor is an English professor emeritus and a retired professor of nonfiction writing who has researched and written several memoirs. When he moved to a small town in southeast Wisconsin, he got to know his new home by walking the same terrain traveled by three Wisconsin luminaries who were deeply rooted in place. He walks history with John Muir at John Muir State Natural Area, with Aldo Leopold at the Shack and with August Derleth in Sac Prairie. Along the way, Root investigates the changes to the natural landscape over nearly two centuries, and he chronicles his own transition from someone on unfamiliar terrain to someone secure on his home ground. In prose that is at turns introspective and haunting, his book "Walking Home Ground" inspires us to see history's echo all around us. His self-authored book will be for sale at the end of class for \$20.00. Accepting cash or card. You do not have to purchase the book to participate in this class.

#446 Wagon Train Women – The Diaries & Letters

of Women on the Overland Trails

\$15.00

Instructor: Ro

Rod Podszus

Date:

Thursdays: Nov. 02, 09, 16, 30

No class Nov. 23 (Repeat of #443 Waukesha)

Time:

9:30 - 11:30 a.m.

Place:

In person only - Shorehaven Center for Life

Enrichment, Oconomowoc

In the 1800's, hundreds of thousands of Americans headed west on the Overland Trails. Most of these folks were families and it was the women who held these families together. What was this journey like for them? What was a typical day like on the trail? What did they eat, what did they wear, what was hard, easy, what did they fear? How many were pregnant, widowed? We find these answers in the diaries and letters the women crafted which your instructor will share with you. He has done his own extensive travels and is a prolific researcher of all things to do with the Overland Trails.

#447 If I Died Today DVD

\$10.00

Instructor: Nancy Faulk, Licensed Preplanning Specialist

Date:

Thursday: Nov. 30

Time:

9:30 - 11:30 a.m.

Place:

In person only - Waukesha

None of us is guaranteed tomorrow. If you died today, how would you want to be remembered? What would be your legacy? Do you have your affairs in order? What are your options? Tough questions we all are afraid to deal with until absolutely necessary - but by then it is usually too late. Your instructor is a licensed Preplanning Specialist for a local funeral home and has over 30 years' experience working in funeral homes and cemeteries. She will guide you through the steps in advance planning for your funeral so it does not fall to your family, who will then have to make the tough decisions you did not. Preplanning actually affords you a feeling of comfort and relief knowing it has been dealt with.

#448 The French Regime in Wisconsin

\$15.00

Instructor:

Jonathan Kasparek

Date:

Thursdays: Dec. 07, 14, 21

Time:

9:30 - 11:00 a.m.

Place:

In person only - Waukesha

From 1634 to 1763, the area that would become Wisconsin was part of the French Empire. Your instructor is a professor of history at UWM-Waukesha, earned a



Ph.D. and has published several books on Wisconsin, Midwestern and Native American history. He will bring his expertise to this course and outline how the demands of the fur trade shaped relations between the many Native American nations and the Montreal-based traders, requiring almost constant negotiation among colonial officials, missionaries and Native leaders. Recent scholarship has shed new light on the Native-French alliance and reveals often fraught relationship that finally broke when British traders and settlers pushed into the Great Lakes region in the middle of the eight-eenth century.

THURSDAY AFTERNOON

#449 Financial Planning for the Savvy Retiree \$20.0

Instructor:

Ellenbecker Investment Group & CFP Wealth Advisors

Date:

Thursdays: Sep. 14; Oct. 05; Nov. 02, 30

Note: Meets every 4 weeks

Time:

1:30 - 3:00 p.m.

Place:

In person only - Ellenbecker Educational

Pewaukee Center

\$

Enjoy diverse class offerings as you explore and learn about various topics of retirement. Your group of experienced CFP advisors will bring clarity to areas that sometimes feel like alphabet soup. Individual class topics include: 1.) Rightsizing: local realtors share current housing marketing conditions and expectations, selling your home or lending best practices to mortgage a home; 2.) Medicare: focus on Medicare Advantage Plans, Supplemental or Medigap Plans, Drug Coverage and the different enrollment periods; 3.). Building Blocks: elements that make up a financial portfolio with a high-level overview of investing options. 4.) Charitable Giving: learn about gifting to education funds, medical expenses and investments vs. giving financially through tax advantaged funds, plus donating your time on causes you are passionate about.

#450 America's Founding Fathers, Part 1 of 3 DVD

\$20.00

Instructor: Winnie Mading

Date:

Thursdays: Sep. 28; Oct. 05, 12, 19, 26; Nov. 02

Time:

1:30 - 3:30 p.m.

Place:

In person only - Waukesha

This course is a deep dive into the creation of the U.S. Constitution as it actually happened - not as many are led to believe it happened. Professor Allen C. Guelzo, Ph.D. offers a compelling narrative, supported by artifacts from the Smithsonian, to tell the story of America's founding—great men who debated, argued, persuaded, and negotiated their way to the U.S. Constitution. This story is as dramatic and instructive as any in the nation's history. It includes 36 of the well-known - and the lesserknown, remarkable men who played their own unique role in the creation (and survival) of American democracy. Part 1 includes Washington, Jefferson, Franklin, Hamilton and Madison and others such as Mifflin, Morris, Randolph and Paterson. See course #456 for Part 2. Part 3 will be in the spring 2024.

#451 Marvin Hamlisch - "One Singular Musical Sensation" DVD

\$15.00

Instructor:

Judy Pelt

Date:

Thursdays: Oct. 05, 12, 19

Time:

1:30 - 3:30 p.m.

Place:

In person only - Waukesha

Composer, conductor, and genius Marvin Hamlisch was a musical artist. He composed hit after hit: "The Way We Were," "Nobody Does it Better," "The Sting," and "A Chorus Line." to name some of his most popular. He was a winner of four Grammys, an Emmy, three Oscars, and a Tony by the time he was 31 years old. Come and enjoy his music along with interviews with his colleagues, schoolmates, and collaborators. Listen to the deeply personal inside story of one of the greatest artists of all time.

#452 The Story of India DVD

\$20.00

Instructor:

Geetha Srinivasan

Date:

Thursdays: Oct. 19, 26; Nov. 02, 09, 16, 30

No class Nov. 23

Time:

1:30 - 3:30 p.m.

Place:

In person only - First Congregational United

Church of Christ, Hartland

As a native of India, your instructor brings a unique and personal perspective to this course. You will be going back centuries to the formation of India, delving H

into its ancient civilizations, history, religions, culture and traditions. The course will cover the Indian subcontinent from the ancient to the modern.

#453 12 Women Who Shaped America: 1619-1920,

Part 2 of 2 DVD

\$15.00

Instructor: Judy Pelt

Date:

Thursdays: Oct. 26; Nov. 02, 16

No class Nov 09

Time:

1:30 - 3:30 p.m.

Place:

In person only - Waukesha

Your instructor has done considerable research on Women's History and will share and bring to light

Em.

some of the notable women who influenced the Women's Movement of today. This course focuses on 12 influential women who defined the history of the United States. It covers the period from the nation's founding through 1920, when the 19th amendment altered women's relationships with politics. Part 1 focused on Martha Washington. Phillis Wheatley, Sacagawea, Sojourner Truth, Catherine Beecher as they shaped the development of the United States. Part Two will cover Susan B. Anthony, Victoria Woodhall, Harriet Tubman, Francis Johnson. Alice Paul and more. Part 1 of 2 course 424.

#454 American Military History, Part 2 of 2 DVD \$20.00

Instructor: James Schaefer

Date: Thursdays: Oct. 26; Nov. 02, 09, 16, 30; Dec. 07

No class Nov. 23

Time: 1:30 - 3:30 p.m.

Place: In person only - Waukesha

Your instructor has 37 years' experience as a teacher and is still a prolific reader of military history. He brings his wealth of knowledge and material to enhance The Great Courses DVD series presented by General Wesley Clark. Part 1 focused on early conflicts, small wars of necessity and wars of choice. In Part 2, General Clark continues with the study of World War II from the bombing of Pearl Harbor to the atomic bomb on Japan. He goes on to discuss the wars in Korea and Vietnam. Clark concludes by covering our involvement in Panama, Grenada, Kuwait, Kosovo, Iraq and Afghanistan, as well as the war on terrorism. You did not have to attend Part 1 to enjoy this journey in Part 2.

Atha.

#455 America's Founding Fathers, Part 2 of 3 DVD \$20.00

Instructor: Winnie Mading

Date: Thursdays: Nov. 09, 16, 30; Dec. 07, 14, 21

No class Nov. 23

Time: 1:30 – 3:30 p.m.

Place: In person only – Waukesha

This course is a deep dive into the creation of the U.S. Constitution as it actually happened – not as many are led to believe it happened. Professor Allen C. Guelzo, Ph.D. offers a compelling narrative, supported by artifacts from the Smithsonian, to tell the story of America's founding—great men who debated, argued, persuaded, and negotiated their way to the U.S. Constitution. This story is as dramatic and instructive as any in the nation's history. It includes 36 of the well-known - and the lesser-known, remarkable men who played their own unique role in the creation (and survival) of American democracy. Part 2 continues this fascinating story with the debates over content of the proposed Constitution through the first challenges to the new nation. See course #450 for Part 1. Part 3 will be in the spring 2024.

#456 My Favorite TED Talks on the Amazing Plasticity of the Brain \$10.00

Instructor: Judy Pelt

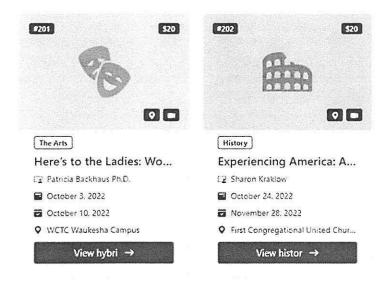
Date: Thursday: Nov. 30 (Repeat of #427)

Time: 1:30 - 3:30 p.m.

Place: In person only - Waukesha

TED Talks are based on the concept of spreading ideas through short, powerful talks designed for audience interaction. We will view two selected TED Talks on contemporary topics: "Brain Plasticity" and "Brain Recovery" which can be more powerful than you think! After viewing, you will discuss views on the topic presented along with a series of questions reflected in the presentations. Your instructor has past experience in speech and interpersonal communications, and will bring an awareness that will amaze you during this presentation! This is a Repeat of Course #427).

Upcoming Courses



COURSE IDENTIFIERS

#	2	\$
History	Personal development	Finance
•	e <u>lle</u>	8
Health & Wellness	Science	The Arts
+		
Religion	Technology	Literature
	X	
	World Wars	

Remember to register early so you can get into your selected classes!

If registering online at our new site <u>www.lirwc.org</u> remember the following (also see page 11):

- 1. If a returning member just log-in to your account. If new member, register by clicking on Become A Member.
 - Pay via PayPal with payment sent to lir@wctc.edu.
 - If paying via check mark Pay Via Invoice and send check to the office (see #3 below).
- 2. Begin to <u>select courses</u> you want to attend and register for each one by adding it to your cart.
 - The number of vacancies remaining in a class is identified. <u>Note</u>: the total number registered in a class does not include off-line manual registrations through the office.
 - You will receive your payment and course confirmations immediately via email.
 - If you and another person have the same email address, your payments and courses will be blended in one email confirmation.
- Register by mail by printing out the Membership/ Registration and Risk Release Forms found on the Resources page, completing and mailing or dropping off at the office with check made out to LIRWC Inc:

WCTC-LIRWC 327 E Broadway Rm WK101G Waukesha WI 53186

4. If you have signed up for a class and then determine you cannot attend, please notify the office so we can release your spot to someone on the waiting list.

Any questions or problems at any time, you may call the office at 262-695-3473, or email: contact@lirwc.org.

Ways to Volunteer

LIRWC is a member-driven and volunteer-led organization. We need members to serve on committees and be part of the planning. LIRWC benefits when members share their talents and experience. Here are some of the ways you, too, can contribute:

Membership

- · Assist at the Annual Meeting, Fall Kick-off or other events.
- Attend senior health fairs and share LIRWC information.
- Support office staff for various projects such as mailings.
- Pick up and distribute catalogs at libraries, senior centers.

Special Events

- Join the event planning committee and suggest ideas for interesting trips or events.
- Organize, negotiate and make arrangements with venues, restaurants and transportation companies.
- · Act as host on planned trips.

Curriculum

- Offer course suggestions, or recruit member or community instructors.
- Review and approve course proposals and catalog.
- Share your expertise as an instructor, or assist with technology in the classroom.
- Volunteer as a Coordinator to assist the instructor with materials, checking in registrants and processing Evaluations.

More Opportunities

- · Serve on the Board.
- · Submit an idea or article for the BYTES Bulletin.
- Submit ideas to the Board, Delegates-at-Large or the office to enrich the LIRWC experience.
- Become involved in Special Interest Groups (SIGs), or volunteer to be a SIG Coordinator.

Become an active volunteer once a year, twice a year or ongoing! All participation is welcome and appreciated! Contact the office for more information at 262-695-3473 or email: contact@lirwc.org.

DONATIONS

There are several ways to make a difference through your donations. All donations are tax deductible.



- Members may donate money directly to the LIRWC organization in support of our programs. We are a 501(c)(3) non-profit organization, self-funded by membership dues, course fees and donations to cover all operating expenses.
- The LIR Advised Fund accepts members' donations to be submitted to the WCTC Foundation Inc. The WCTC Foundation awards two annual scholarships to WCTC students on behalf of LIRWC. It is our way of contributing to the future success of the next generation.

In both cases above, many members donate their course fee instead of receiving a refund for courses cancelled by LIRWC. These donations are greatly appreciated and allow LIRWC to continue its support of the scholarship program, or for its own activities.



3. Members may also donate money <u>directly</u> to the WCTC Foundation Inc. for use by the Foundation in its programs. Contact WCTC, College Center Rm C209, 800 Main St, Pewaukee WI 53072; 262-691-5202, or email: ephillips@wctc.edu.

SPECIAL INTEREST GROUPS (SIGs)

LIRWC offers several Special Interest Groups (SIGs) and every member is welcome to join. SIGs are not meant to teach new skills, but are for members who already like to participate in the activity. You must be an LIRWC member in order to participate in a SIG. There are no additional fees—unless determined by the SIG to cover materials or incidental costs agreed to by the group.

You can join anytime throughout the year. Use the course Membership/Registration form to sign up, or contact the office 262-695-3473, email: lir@wctc.edu.

SIG meeting times are noted in the following table. Once you join your name is forwarded to the SIG Coordinator who will contact you regarding their program, activities and meeting place and time. Please note locations as SIGs no longer meet on the WCTC Waukesha Campus.

Singers	ON HIATUS Rehearsals Mondays 10:00 a.m. — 12:00 noon at the First Congregational United Church of Christ (100 E Broadway, Waukesha). We perform at various senior residential facilities on alternate Monday afternoons.
Genealogy	The first Friday of each month 1:00—3:00 p.m. beginning October thru May. <i>Meeting location not available at time of printing</i> , but plan on joining us to learn more about your ancestry, who you are and how to conduct research. Come join the conversation!
Sheepshead	Scheduled to meet on Thursdays, but locations and time to be determined each month based on room availability.
Book Lovers	The third Wednesday of the month 9:30—11:00 a.m. at the Waukesha Public Library, 321 Wisconsin Ave.

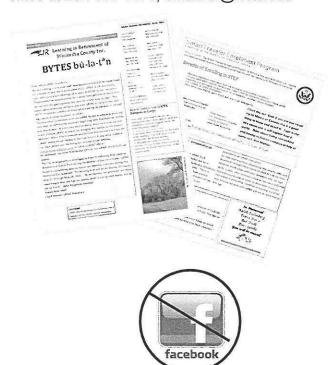
Bridge	Seeking Coordinator Meets the third Friday each month, 9:30 a.m.—12:30 p.m. This is not a class, but for current players.
Hiking Club	The third Saturday of each month at 9:30 a.m. Members hike at various trails throughout the Southeast Wisconsin area.
Theatre Group	Attend your choice of a variety of Saturday matinee plays at the Waukesha Civic Theatre Sept. thru June. Educational rate \$15.00 per play for LIRWC members. Complete schedule provided at start of semester.
Mah-jongg	Tuesdays 1:30 – 3:30 p.m. at the Clark House Museum, 206 E Wisconsin, Pewaukee.
Philosophy Cafe	Mondays 9:30 – 11:20 a.m. at the Waukesha Public Library, 321 Wisconsin Ave. —meets all year. With joy and creative energy, join us to discuss and explore meaningful philosophical topics and questions that have shaped our lives. Weekly we become philosophers for two hours. Due to room space limitations we can accept new members on a wait list.
Beading/ Jewelry Making	If you love beading and jewelry making, come share ideas and techniques while completing projects. Group meets the 2nd Monday each month, 1:30 p.m.—3:30 p.m. Sept.—May at the Pewaukee Library, 210 Main St. Bring your own supplies and learn from one another.

LIRWC BYTES BULLETIN

Watch for your bi-annual BYTES Bulletin for "Be Your True Educated Self." This is just one more of our communication vehicles—along with e-Blasts and the webpages that provide the latest news and updates, including interesting articles, photos and fun.

BYTES will be sent via EMAIL and will also be posted in the Resources Section on our webpage at www.wctc.edu/lir or www.lirwc.org. For those members without email, a hard copy will be mailed.

Any questions, or to make an article contribution, contact your BYTES Editor at contact@lirwc.org, or the LIRWC office at 262-695-3473, email: lir@wctc.edu

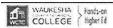


LIRWC has discontinued its Facebook page. Individuals visiting us on Facebook will be redirected to webpage www.wctc.edu/lir.

LIRWC WCTC Webpage

In addition to our main www.lirwc.org website, we maintain the LIRWC webpage on the WCTC site www.wctc.edu/lir. You will find frequent updates regarding special events, upcoming meetings, announcements, Board members' contact information, etc.

The **Resources Section** contains the current semester course catalog, Membership/Registration form and the BYTES Newsletter.



SCADENICS ADMISSIONS CAMPUS LIFE COMMUNITY ABOUT



Home - Community - Learning in Retirement of Waukesha County

Learning in Retirement of Waukesha County

WCTC is proud to host Learning in Retirement of Waukesha County (LIRWC). LIRWC is an affiliate of the Road Scholar Lifeting Learning institute, an international organization that provides programs for ongoing learning.

LIRWC members can take advantage of events, special interest groups and courses in music, art, literature, computers, history, financial planning and more

Learning in Retirement Opportunities

DRWC courses are held during the day at WCTC's Pewaukee and Waukesha campuses and other facilities in the area Offerings include

- Short-term courses one to be weeks in length, on topics including antimules, religion, computers, history, aging, financial planning and more. Most courses cost just \$20 or less, and there are no pre-requisites, no examps and no grides?
- Day for gland overnight chartered bus trips to museums, art exhibits, theater performances and other special events throughout the year
- . Distinguished speakers on a variety of topics.
- Groups for special interests including books, generaby, philosophy, hiring, singing, golf, Bridge, Mah jongg, Sheepsheed, theater, creative crafters, recipe tripding, and beading and jewery making.
- . Access to the WCTC Norary, computer labs, Style &, Class Selan and Stra. Sental Hygierie Chinic, Classic Room and Classic Bustra

Membership is open to any adult who is retired, semi-retired or working with a flex bie schedule. An annual tee of \$65 entities members to low cost courses special events and special interest groups.

+ BECOME A MEMBER

+ LIRWC RESOURCES

+ ERWC LEADERSHIP





Waukesha Campus 327 E Broadway Waukesha WI 53186



Pewaukee Campus 800 Main St Pewaukee WI 53072

WCTC FACILITIES AVAILABLE TO THE COMMUNITY

Hours subject to change

Student Enrichment Center

Located in the upstairs of Building B on the Pewaukee campus, the Enrichment Center offers basic technology assistance. Hours are Monday—Thursday, 7:00 a.m.—7:00 p.m., Fridays 7:00 a.m.—4:30 p.m. Call 262-691-5555. Or at the Waukesha Campus Computer Literacy Lab call 262-695-6514 for times and hours.

Library

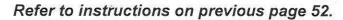
The WCTC Library in the Pewaukee College Center will loan books, CDs, DVDs, magazines and periodicals for three weeks. Library hours are Monday—Thursday, 7:30 a.m. to 8:00 p.m.; Friday, 7:30 a.m. to 4:30 p.m.; Call 262-691-5316.

Dental Hygiene Clinic

Now in its new location at the WCTC
Waukesha Campus! Complete dental hygiene
services are available at reasonable treatment
costs. All procedures are completed by students under the
supervision of a licensed dentist and registered hygienist.
Appointments, on a waiting list basis, are available from
September through May. Appointments at 262-691-5224.

Style and Class Salon

Located on the Pewaukee Campus cosmetology students offer the following in a full service salon: shampoo, haircut, style, hair coloring, manicures, pedicures, permanent waving and skin care at reduced rates. Both men and women are welcome. Appointments at 262-691-5270.





Learning in Retirement of Waukesha County Inc.

Now Offering GIFT CERTIFICATES!!

How many times have your family or friends asked you what you wanted for your birthday, for the holidays, Mother's or Father's Day? And how many times have you wondered what special gift they could give you?

LIRWC is now offering GIFT CERTIFICATES for a family or friend to use to pay for LIRWC membership dues or course fees. (Not applicable to Special Event trips.)

The process is simple: Complete the forms on page 53 and send one with check payment to the LIRWC office, or via PayPal posted to lir@wctc.edu. Present the other one to the lucky recipient who will then attach the Recipient Form to their Membership/Registration Form. The LIRWC office staff will apply the Certificate amount to the Membership/Registration Form for dues or course fees.

The Gift Certificate is:

- 1. Applicable to dues and course fees only.
- 2. Cannot be applied retroactively.
- 3. Not redeemable for cash.
- 4. Expires one year from date of issue.
- 5. Maximum allowed in one year per recipient is \$250.00.
- 6. Photocopies of the Gift Certificate are acceptable.

Mail payment (checks made out to LIRWC Inc.) to:
WCTC-LIRWC
327 E Broadway Rm WK101G
Waukesha WI 53186

Or pay via PayPal, your payment posted to lir@wctc.edu.

Questions? Contact the LIRWC office at 262-695-3473, or email: lir@wctc.edu.

of Waukesha County Inc. Ite Toward My Learning Experience	Apply Discount Towards:	Membership Dues: \$	Course Fees:	Total Discount:		on Form and send to LIRWC Office:	tm WK101G · Waukesha WI 53186	ne year from date of issue. Copy of form permissible	
Learning In Retirement of Waukesha County Inc. I am the <u>Recipient</u> of a Gift Certificate Toward My Learning Experience	Name:	Email address:	Phone:	Date:	Office Verification by:	Attach to Membership/Registration Form and send to LIRWC Office:	WCTC-LIRWC · 327 E Broadway Rm WK101G · Waukesha WI 53186	Not retroactive. Not redeemable for cash. Expires one year from date of issue. Copy of form permissible	

Learning In Retirement of Waukesha County Inc. Gift Certificate Toward a Learning Experience	Apply Discount Towards: Membership Dues: \$ Serification by: Total Discount: Serification by: Paid via Check to WCTC-LIRWC-327 E Broadway Rm WK101G · Waukesha WI 53186					
	To: From:	Date of Issue: Office Verification by:	Send form and check to WCTC-LIRWC-32	Not retroactive Not redeemable for each Evnires one year from date of issue		

Copy of form permissible. Questions? Call the LIRWC Office at 262-695-3473 or email: lir@wctc.edu