

# WCTC Child Development Center Menu

January 15, 2018-January 19, 2018

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>15</b> kix cereal apples milk	<b>16</b> whole wheat toast oranges milk	<b>17</b> bagels pears milk	<b>18</b> English muffins bananas milk	<b>19</b> cherrios cereal mixed fruit milk
bean and cheese taco brown rice carrots cantaloupe milk	meatloaf whole grain roll mashed potatoes & gravy honeydew melon milk	beef pot roast whole grain roll roasted red potatoes watermelon milk	BBQ chicken whole wheat bun corn cantaloupe milk	grilled cheese on whole wheat broccoli, cauliflower, and carrots bananas milk
pumpkin bread milk	chex mix milk	whole wheat crackers bananas water	pretzels apples water	graham crackers milk