

Personal Care Worker

This 44-hour course will prepare the new employee in a health care agency on how to perform activities related to assisting a client/patient with personal maintenance needs. Upon satisfactory completion of the course, the participant will earn one vocational college credit and a certificate of completion.

What You Will Learn

- Caring for someone in the home
- Personal care and hygiene
- Nutrition and meal planning
- Assisting with self-medication
- Effective communication
- Personal and workplace safety
- Transfer techniques
- Understanding dementia
- Assisting with toileting and elimination
- Asepsis and hand washing

Who Should Attend

Persons preparing for employment as a Personal Care Worker (PCW) in a health care agency or for individuals