

American Heart Association and Fire Safety Courses

Course Name & Description	Hours of Instruction	Instructional Cost up to 10 students* (<i>\$100/instructional hour</i>)	Supplies/Cards – Cost per student	Books** - Cost per student
American Heart Association (AHA) Heartsaver First Aid 531-407	3 hours	\$300	\$6 materials fee; \$25 certification card fee	\$5.00
AHA Heartsaver CPR/AED 531-414	4 hours	\$400	\$6 materials fee; \$25 certification card fee	\$5.00
AHA Heartsaver First Aid/ CPR/AED 531-423	7 hours (can be taught in 2 sections)	\$700	\$6 materials fee; \$25 certification card fee	\$5.00
AHA Basic Life Support (BLS) Provider 531-480	5 hours	\$500	\$6 materials fee; \$6 certification card fee	\$19.50
AHA BLS Provider Renewal 531-481	4 hours	\$400	\$6 materials fee; \$6 certification card fee	\$19.50
Fire Extinguisher Workshop 503-422F	2 hours	\$200	\$17.50/person (extinguishers)	No Books Required for this training

*a second instructor will be assigned for classes that go over 10 students. This will double the instructional cost.

**if not ordered through contract, site must order books on their own – AHA requires each student to have access to a book

Not sure which class to take? Heartsaver or BLS Provider?

Heartsaver Courses (First Aid and CPR/AED) are for the non-medical professional. It meets OSHA standards, so it is commonly taught to working professionals required to have this training by their employer.

There is an emphasis on the core of CPR, which is compressions, early defibrillation with an AED, and giving breaths. They take out certain tools and circumstances that are unrealistic to someone outside of a hospital setting.

Basic Life Support (BLS) Provider is meant for anyone with a medical certification or license. This could be lifeguards or CNAs, all the way up to physicians. There are a few extra numbers to remember, some additional skills that might be utilized in a hospital, clinic or prehospital setting, and there are some more technical terms used.